

## COLLOIDAL SILVER

Colloidal silver may be your most effective defense against emerging strains of bacterial, viral and fungal infections, and for tissue regeneration.

**Note:** Make sure you shop for a 10ppm formulation which consists of ultra-pure water and silver only and has the smallest particle size possible. Look for documentation by the company, ie photographic proof.

Eye Infections -- Pink eye, conjunctivitis, sty -- 2 drops in the eye 3-4 times a day.

Ear Infections -- 10 drops in the ear, leave for 2 minutes then tip out, repeat 3-4 times a day.

Nasal Infections -- 1-2 dropperfuls down each nostril while sitting down with your head tilted back, leave in for 2 minutes, then swallow, repeat 3-4 times a day. Or, if using a vertical spray, 5-10 sprays per nostril, 3-4 times daily.

Mouth and Gum Infections -- Hold 1-2 teaspoons on area inside mouth for a couple of minutes, then swallow, repeat 3-4 times a day.

Colds and Flu -- Teaspoon or two, hold under tongue for 30 seconds, then swallow. Repeat every hour or two on an empty stomach.

Sore Throat and Strep -- Gargle a tablespoon or two for 2 minutes, then swallow, repeat 5 times a day. If using spray, spray throat 10-15 times every hour or two.

Topically -- on a cut, scrape, burn or infection -- spray directly on area 5-10 times, let air dry, repeat 5 times a day.

Acne -- same as topically above, repeat 3 times a day.

Nail Fungus -- Mix equal parts of silver and DMSO together, then apply to nails 3 times a day.

Food Poisoning or Dysentery -- Swallow 1 tablespoon directly without holding, every hour on an empty stomach.

Urinary Tract Infection -- Same as food poisoning.

Respiratory Infections -- Place 1 tsp. in a nebulizer and breathe in for 10 minutes, repeat 3 times a day.

Vaginal Infections -- Take 1 part silver and 2 parts distilled water, hold inside for a couple of minutes, repeat 2 times a day.

Candida Albicans -- Swallow 1 tablespoon of silver with 1 tablespoon of aloe on an empty stomach 3 times a day. Probiotic before going to bed. This protocol could last 2 weeks – 3 months.

Water Purification -- 1-2 tablespoons per gallon of water.

Travelling -- 1 tsp. before, during and after flying. Also good to apply to eyes and nose.

